



12/17/2024

Kodenkan Yudanshakai Martial Arts School Directory

Contact a school below for class schedules, fees, and discounts

<https://www.KodenkanYudanshakai.org>

Arizona - Tucson

School Location & Contact	Martial Arts/Self-Defense *	About the School
City of Tucson Parks & Rec Clements Center 8155 E Poinciana Dr. Tucson, AZ 85730 elishadelao@gmail.com	Matsuno Kajukenbo Kai	Students, Ages 4-12, learn a variety of martial arts techniques, such as blocks and strikes, katas, and self-defense escapes. There is a strong focus on self-control, the Esoteric Principles, and how one would or would not use karate outside of the dojo.
MATS Dojo LLC 5929 E. 22nd St. Tucson, AZ (520) 490-3337 https://matsdojo.com/	Kodenkan Bokkendo (Bokken) Kajukenbo Karate (ages 6 and up) Lil Dragons (ages 4 - 7) Matsuno Kajukenbo Kai (ages 6 and up) Matsuno Ryu Goshinjitsu (ages 13 and up)	We offer quality and safe martial arts instruction. Our instructors have years of experience teaching martial arts. Improve your fitness, discipline, mental and physical well being.
The Kodenkan Center 3127 North Stone Avenue Tucson, AZ 85705 (520) 887-2322 https://www.kodenkancenter.com	Daibudo Kodenkan Matsuno Kenshukai Danzan Ryu Jujitsu Kenjutsu (sword techniques) Kokoro Aikido Little Dragons (ages 4 - 6) Matsuno Ryu Goshinjitsu Shorin Ryu Karate	The Kodenkan Center offers an array of martial arts for the Tucson community, with courses for children and adults.

* Martial Art/Class descriptions are listed on the last page of this Directory

Arizona – Sierra Vista

School Location & Contact	Martial Arts/Self Defense	About the School
Kodenkan Sierra Vista Budokai 214 N 1st St, Sierra Vista, AZ 85635 josiah.chait.az@gmail.com	Danzan Ryu Jujitsu Matsuno Kajukenbo Kai	Our school teaches traditional martial arts, customs, and courtesies. Beyond the techniques themselves, the classes explore the history and philosophy of these two arts.

Arizona – Prescott

School Location & Contact	Martial Arts/Self Defense	About the School
Prescott YMCA Budo Kai 750 Whipple St. Prescott, AZ 86301 sattvadmh@aol.com	Danzan Ryu Jujitsu Matsuno Kajukenbo Kai	Students learn a blend of strikes, kicks, throws, takedowns, and joint locks.

California – Long Beach

School Location & Contact	Martial Arts/Self Defense	About the School
Lakewood Budo Kai Stearns Champions Park 4520 E. 23rd Street Long Beach, CA 90815 https://www.LakewoodBudoKai.com	Children's Self Defense (ages 6 – 12) Danzan Ryu Jujitsu Shorin Ryu Karate Women's Self Defense	Over 45 years in business. Featured in the Long Beach Press Telegram and Herald American newspapers. Discounted rates.

* Martial Art/Class descriptions are listed on the last page of this Directory

Maryland – Silver Spring

School Location & Contact	Martial Arts/Self Defense	About the School
Capital Kodenkan matthew.diprima@gmail.com	Danzan Ryu Jujitsu	Students learn self defense techniques in a safe and controlled environment.

Washington - Vancouver

School Location & Contact	Martial Arts/Self Defense	About the School
Sasori No Kage Kodenkan pjhaber2@gmail.com	Danzan Ryu Jujitsu Matsuno Kajukenbo Kai Shukokai Karate	Students learn a blend of strikes, kicks, throws, takedowns, and joint locks.

Class Descriptions

Children's Self Defense – In the course of learning self-defense techniques, young students gain the benefit of patience, exercise, self-control, and discipline; it will also help to improve their coordination, self-esteem, and physical strength.

Daibudo Kodengan Matsuno Kenshukai – committed to the perpetuation of respect, gratitude, obligation, service, and self-discipline, this art promotes Prof. Seishiro Okazaki's primary objective of perfecting each student's character.

Danzan Ryu Jujitsu – a system of Japanese Jujitsu founded and developed by Professor Henry S. Okazaki. Students learn throwing techniques, escapes from holds, joint locks, arm bars, chokes, wrist twists, ground work, and applying holds to control an opponent

Kajukenbo Karate – a hybrid martial art developed in Hawaii in the late 1940s. Kajukenbo training incorporates a blend of striking, kicking, throwing, takedowns, joint locks and weapon disarmament.

Kenjutsu (sword techniques) – Japanese Kenjutsu incorporates strikes, thrusts, blocks, and parries using a long sword.

Kodengan Bokkendo (Bokken) – training includes body posture, stance, positioning of the weapon, footwork, and basic handling of the sword.

Kokoro Aikido – coordination of mind and body based on techniques that promote non-violent solving of conflicts and self defense.

Little Dragons – children learn basic discipline, respect, exercise, and self defense skills in a safe martial arts environment.

Matsuno Kajukenbo Kai – a traditional martial art adapted to modern times. Students learn how to deliver effective strikes and self defense techniques against any attacker.

Matsuno Ryu Goshinjitsu – is highly effective form of self defense incorporating strikes, throws, ground techniques, joint locks, chokes, and defense against weapon.

Shorin Ryu Karate – an Okinawan martial arts form, Shorin Ryu is a traditional martial art developed as a weaponless method of self-defense. Students learn to defend themselves using blocks, punches, strikes, and kicks.

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Shukokai Karate – a martial art style that emphasizes power and strength. It is known for its scientific approach to body movements and hard-hitting techniques.

Women's Self Defense – women learn practical self defense techniques and what to do in dangerous situations. Participants do not need to be in good physical condition or well-coordinated.